

Follow Me
TO BE HEALTHY!



#400GCHALLENGE

ON-THE-GO WITH FRUIT & VEG

Fruit and veg make great travel companions, whether you're headed to the beach, the countryside or your family home this month – the nutrients they contain help you stay healthy all summer. Here are two ingredients to help mix up your summertime salad.

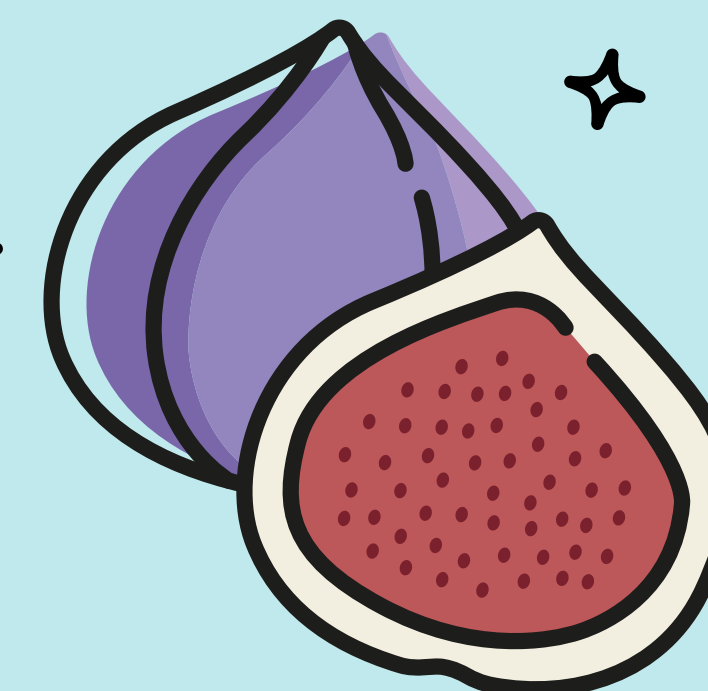
ARTICHOKE¹=
SOURCE OF COPPER.

CONTRIBUTES TO THE
PROTECTION OF CELLS
FROM OXIDATIVE STRESS



FIG²=
80% WATER.

PERFECT FOR
SUMMER!



ENJOY
IT'S FROM
EUROPE

THE EUROPEAN UNION SUPPORTS
CAMPAIGNS THAT PROMOTE
A HEALTHY LIFESTYLE.



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¹<http://www.aprifel.com/fiche-nutri-produit-allegations-artichaut,72.html>

²<http://www.aprifel.com/fiche-nutri-produit-figue,34.html>



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