

Follow me
TO BE HEALTHY!



ENJOY
IT'S FROM
EUROPE



DID
YOU
KNOW

That spinach¹ is a great source of iron? **IRON CONTRIBUTES TO NORMAL FORMATION OF RED BLOOD CELLS AND OXYGEN TRANSPORT IN THE BODY** which is great for helping your body recover from exercise.



CAMPAIGN FINANCED
WITH AID FROM
THE EUROPEAN UNION

¹ <http://www.aprifel.com/fiche-nutri-produit-references-epinard,48.html>