

Follow me  
TO BE HEALTHY!



ENJOY  
IT'S FROM  
EUROPE



DID  
YOU  
KNOW

That cauliflower is delicious not only raw or roasted but **IN SOUPS OR GRATIN** as well? Plus it's **LOW CALORIE, AT ONLY 23 KCAL** a serving<sup>1</sup>.



CAMPAIGN FINANCED  
WITH AID FROM  
THE EUROPEAN UNION

<sup>1</sup> <http://www.aprifel.com/fiche-nutri-produit-composition-chou-fleur,97.htm>